

Why was largest ever trial of bipolar relapse omitted?

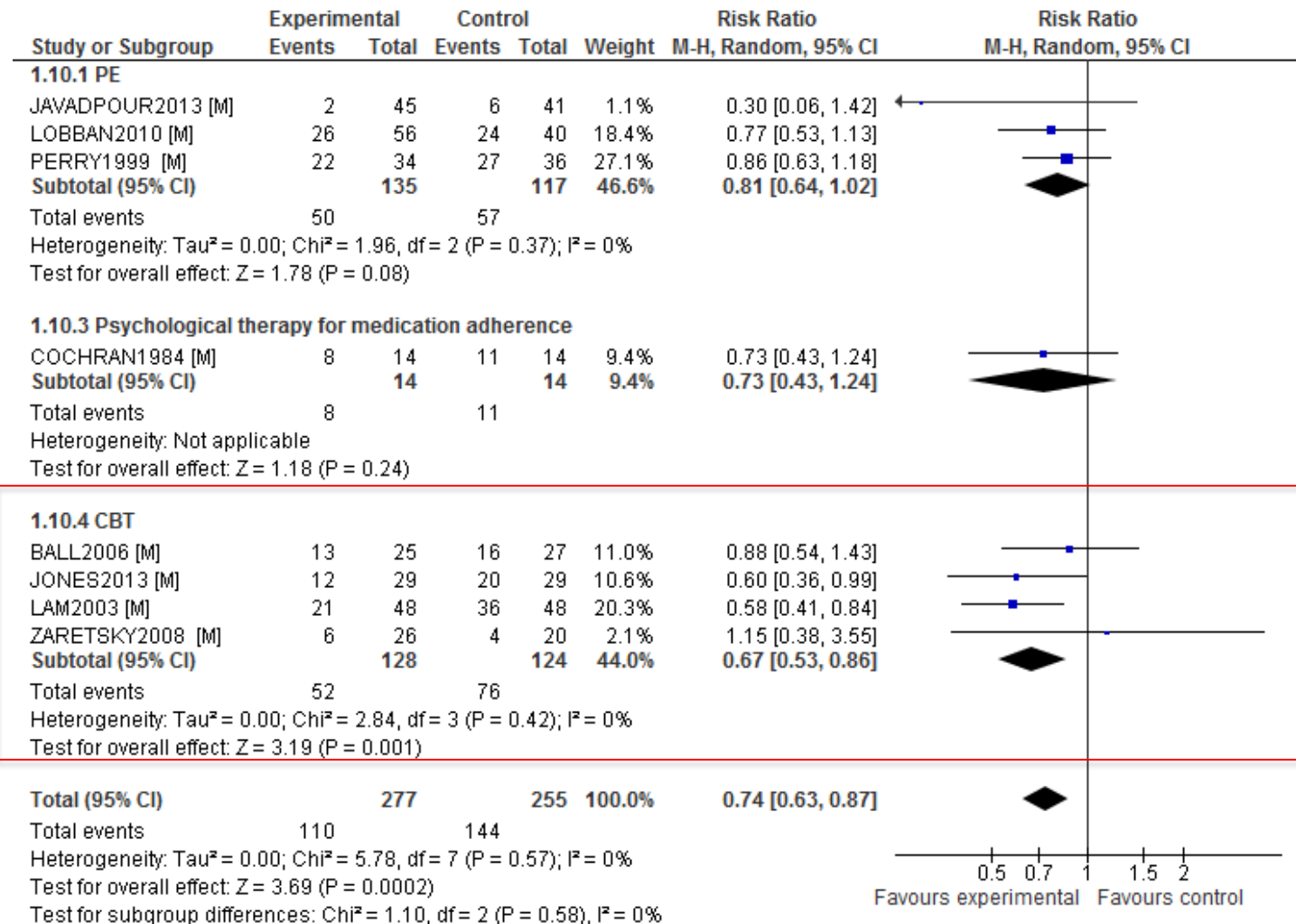
Slide 1 – from NICE bipolar guide (Appendix 25 –also attached). The forest plot suggests that CBT reduces relapse (all types), but NICE omit Scott (2006) - by far the largest – and widely considered to be definite - trial, which had negative findings

Slide 2 & 3 – But NICE include the same Scott study in analyses of relapse for depression & mania respectively

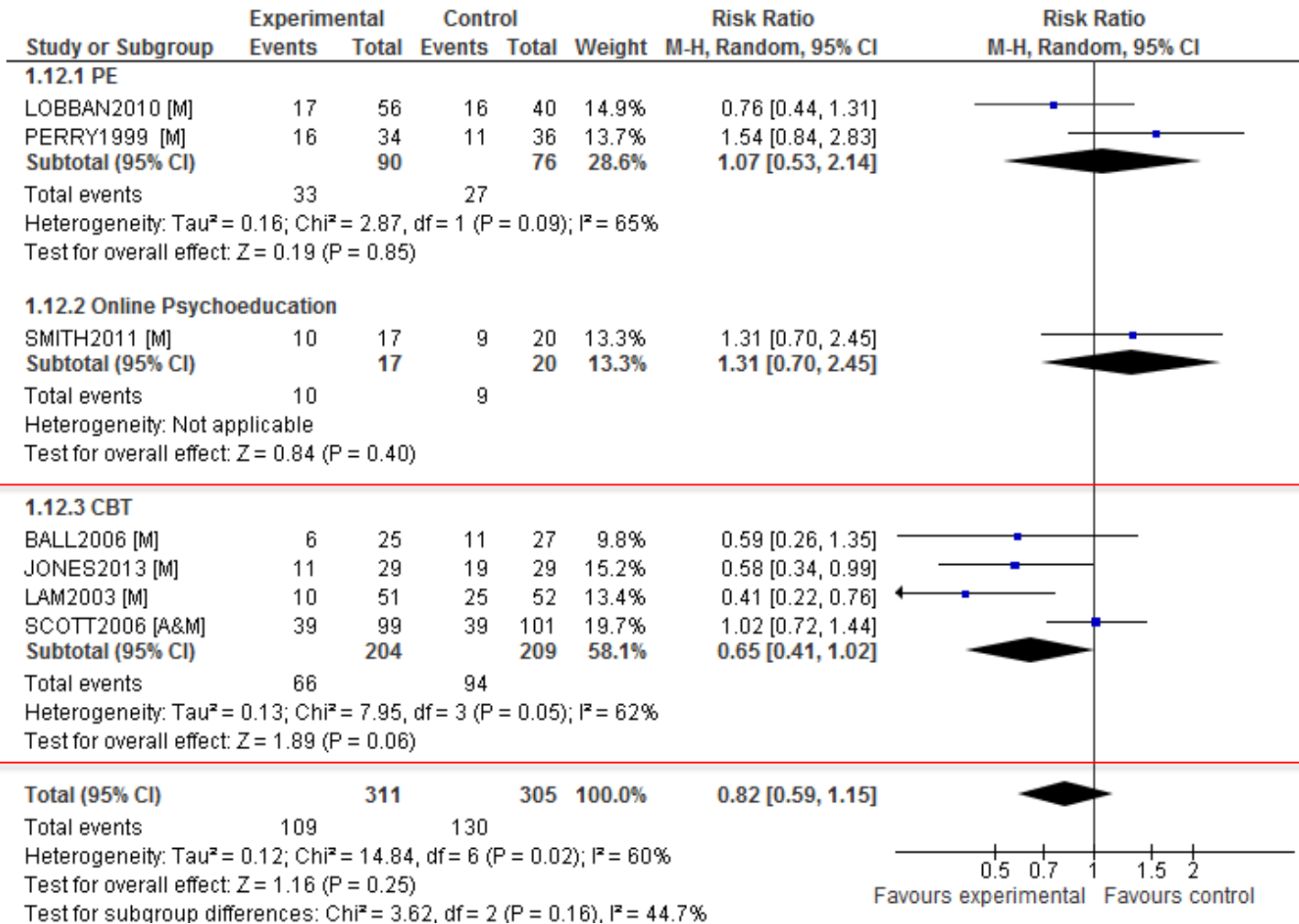
NICE/NCCMH did not respond to our repeated requests for an explanation

Slide 4 - from Jauhar, McKenna & Laws (2016) - when Scott added, then CBT no longer reduces relapse rates (compare with slide 1)

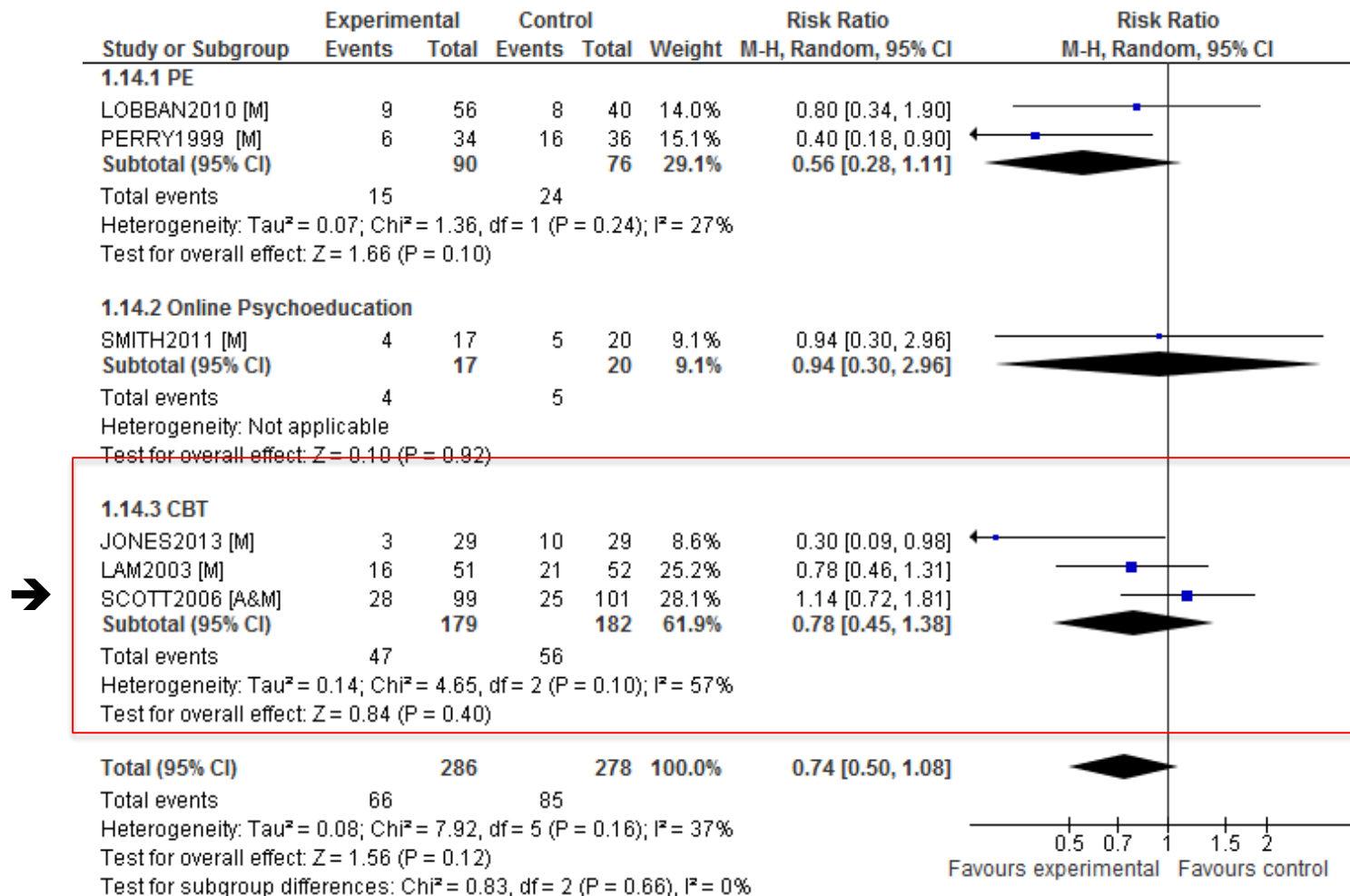
Number of participants who relapsed (any type) at follow-up



Number of participants who relapsed (depression) at follow-up



Number of participants who relapsed (mania) at follow-up



Meta-analysis of manic relapse at follow-up, p8

